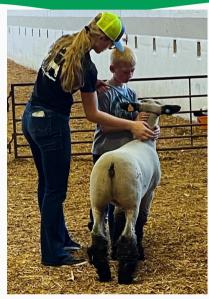
ISSUE 6 • COVERING MARCH 2024

4-H UPDATES

Official Newsletter of Sumner County 4-H







Fair Season is Here!

Yes you read the title right, 4-H fair season is here and its only April?! Now how can that be? Well springs activities are in full swing and it's time to start planning, preparing, and working on fair projects. I specifically chose these two photos above for the front page this month. On the left the Caldwell Trailblazers met and learned from a local baker. Now members have ideas and skills for doing a foods and nutrition project. On the right we have Bridger Callaway working on his sheep showing skills. His family attended the Junior Sheep Producer Days in Manhattan. This event is geared towards helping 4-Her's select, raise, breed, feed, and show sheep better. So, even in March, Bridger is working on his fair lamb already! So start thinking about and working on projects for the fair. Then, come June and July you won't be rushing to finish your rocket, painting, or crochet project.

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Program News and Updates





Sumner County Junior Leaders

We had a blast kicking off our Junior Leaders program on Saturday, March 2nd. Junior Leaders met and played lots of games aimed towards getting to know one another as well as teamwork. After games, the group ate lunch and had a guest speaker come in. The guest speaker talked about leadership and what it means to be a "self leader".

Overall it was a very fun day and our Junior Leaders are ready to work on making the best better!

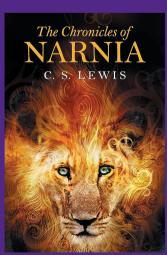


Read 4-H

Calling all book lovers!

Our next Read 4-H reward night will be on April 15th with book review forms due on April 12th by 5:00pm. Juniors will read "Fantastic Mr. Fox" by Roald Dahl. Seniors will read "The Chronicles of Narnia, The Lion, The Witch, and the Wardrobe" by C.S. Lewis.

If you love reading or love to watch movies than consider reading the books above. Then you can fill out a Book Review Form and submit it to the office. Submitting your form over the required book gets you a ticket to a showing of the book you read! We will have a movie night at the Raymond Frye complex where we supply the snacks. So challenge a friend to see who can read the selected book the fastest and then come enjoy a movie night with them in April.



Agent Notes



"To Make The Best Better". It's our 4-H motto and represents our goal in youth development. But what does the motto mean? How do we really go about making the best better?

I've been reflecting on our motto after 4-H Club Days, going to club meetings, and doing our first Junior Leader workshop. I asked myself what does it mean to "Make The Best Better"? Seeing our 4-Her's do presentations, demos, and musical numbers gave me my answer. All of the presentations were fun and everyone enjoyed them. Did everyone score perfect 100%'s? No, but everyone smiled and had fun. Events like 4-H Club Days is about more than ribbons, it is about improving one's self. Whether you are learning how to make eye contact, speak clearly, gain confidence, or so many other positive things.

4-H is not about making the perfect pie, art project, market animal, or giving the best presentation. 4-H is about the *process* of making the perfect pie, art project, or market animal. This is how 4-Her's improve, by learning through doing.

So looking at our motto now, "To Make The Best Better" really means to have fun while figuring things out. Just by doing small things we make the biggest improvements. Something simple like a project talk about how I made my quilt has less to do with a quilt and more to do with you prepared and gave the talk. In this process 4-Her's learn how to effectively communicate, speak to an audience, overcome nerves & anxiety, and gain confidence in themselves. So no matter how small or silly things may feel, do them. They all serve a purpose and it is one that is more valuable than you know.

Side Notes

I remember not liking putting together talks and things for 4-H Days. I never wanted to practice or try very hard. But I was always encouraged by those around me to do so. Even though it was hard at the moment, it has helped me so much. Now I am a more confident speaker, I can more clearly communicate, and I've learned how to work through my nerves. Even when things are hard or not always your favorite, push through because it will help you later on. If you do get comfortable with presenting, do more and challenge yourself. Try a different topic or maybe try impromptu speaking. It is common to be put on the spot with little preparation. So don't stop striving to get better.





Spring is Here!

SPRING IS FINALLY HERE, WHICH MEANS ITS TIME TO START WORKING ON FAIR PROJECTS!



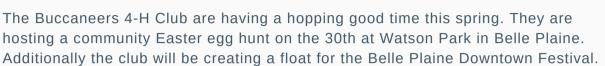
Here is a special goat photo. This is from a show in Poteau, OK. Here we won the show with our doeling named Sister. It's also the weekend my wife and I got engaged.

Club News

A place to highlight clubs and share ideas



Buccaneers



Redwing

Cardinals

The Cardinals 4-H Club have had a busy winter. They had regular project nights where the club learned about new skills and created new projects. Some of their project nights included rock painting, a Lego challenge, and making felt pillows. They have paused project nights for the summer but will resume in the fall. At their March meeting, business was conducted and president Wyatt Harlan gave a project talk.



Reporter's



Happy Hustlers

The Happy Hustler's 4-H Club has a fun spring ahead of them. They will host a community easter egg hunt on March 30th. Also they are planning to host their annual Rabies Clinic April 6th. Their monthly meeting consisted of business, games and refreshments.

Trailblazers

The Trailblazers 4-H Club had a sweet start to the month. They visited Suzy's bakery in Caldwell where owner Suzy taught the club how to make protein balls. Afterwards they snacked on their own creations enjoyed lemonade provided by Suzy.





State Events

4-H SHUTTERBUG PHOTOGRAPHY WORKSHOP





SATURDAY, APRIL 27 WICHITA, KS.

BOTANICA GARNDENS IN WICHITA



Who Should Register: 4-H Photography Members interested in learning more about their camera and photography skills or using your phone to take great pictures. Family members may attend as well. Parents - learn along with your kids! Get a head start on your photography project!



Workshop Topics:

Photography on smartphones, Pan Blurs, Troubleshoot Modes for new members, tricks with light, photo composition, outdoor photography



Kansas State University Agricultural Experiment Station and Cooperative Extension Service.

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Time:

Doors open at 9:00; Workshops begin at 9:30 and conclude at 12:00.

Cost

No charge to attend! Event is sponsored by the State 4-H Photography Committee.

What to Bring:

Smartphone or Camera, extra batteries. Bonus: Cameras will be available for checkout! Please bring an SD card so you can take your photos with you.

Accommodations:

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting the event contact, Amy Collins, two weeks prior to the start of the event at 785-532-5800 and acollins@ksu.edu. Requests received after this date will be honored when it is feasible to do so.





Photography Workshop

Saturday April 27th the State 4-H
Photography Committee will be hosting
a workshop at Botanica in Wichita.
This is a free event! Doors will open at
9:00am with workshops begin at
9:30am and conclude at 12:00pm. You
can bring either a cellphone, digital
camera, or there are some cameras
available to be checked out. It is asked
that if you plan to check out a camera
that you bring your own SD card.

There will be knowledgeable people running the workshops who will be happy to assist you with any aspect of taking photos. So if you are enrolled in photography I would highly encourage you to go!



State Events

Discovery Days

Registration for Discovery Days 2024 is open! It will remain open through May 5th. The event will be held in Manhattan on K-State's campus June 5th-7th and will cost \$225. Below is a QR code that you can scan and it will take you to the Discovery Day page with more details and the registration link.

For those who have never attended 4-H Discovery Days it is a very fun interactive event held on K-State's campus in Manhattan. 4-Her's across the state gather to spend several learning with one another. Upon registering you can choose to take a variety of classes hosted all across campus. These classes encompass a variety of subjects including animal science, photography, fashion, dance, college preparedness, and more! Along with taking fun classes, several fun social events are hosted as well.

Once we know how many Sumner County 4-Her's plan to attend I will reach out with some travel information. We will try and consolidate vehicles so not every parent has to drive. If you have any questions please reach out to the Extension Office.





4-H Council Meeting

MAY 28TH @ 7:00 PM



PARLIAMENTARIAN

IN PREVIOUS MEETING TIPS I'VE
OFFERED SUGGESTIONS FOR A
VARIETY OF TOPICS. SOME OF
THOSE TOPICS WERE THINGS LIKE
HOW TO MAKE A MOTION OR HOW TO
RUN A MEETING. IF THESE WERE
HELPFUL TO YOU OR IF YOU THINK
THEY WOULD HELP YOUR CLUB, HOW
ARE YOU GOING TO IMPLEMENT
THESE CHANGES?

THIS CAN BE DONE THROUGH A
PARLIAMENTARIAN. IT IS AN
ELECTED POSITION LIKE ANYOTHER
CLUB OFFICER POSITION. THEIR
RESPONSABILITY IS TO INFORM CLUB
MEMBERS HOW A MEETING IS
SUPPOSED TO BE RUN.

SO IF YOU ARE FINDING THESE CHANGES HELPFUL AND WANT TO WORK ON IMPLEMENTING THEM, OR WORK ON IMPROVING WHAT YOU ARE ALREADY DOING. PLEASE CONSIDER VOTING IN A PARLIAMENTARIAN. I WOULD BE HAPPY TO WORK WITH THEM TO HELP THEM LEARN HOW A MEETING SHOULD RUN AND GIVE THEM TOOLS TO TAKE BACK TO THEIR CLUB.

Looking Ahead

April

- · 1st; Senior Scholarship deadline
- 12th; Read 4-H forms due by 5:00 pm
- 15th; Read 4-H reward night @ 6:00 pm @ RFC
- · 20th; Last day to order Beef DNA envelopes for KJLS

May

- 1st; Beef ID due to Raymond Frye @ 5:00 pm
- 1st; Beef nomination deadline for KJLS
- · 1st; Project add/drop date
- 5th; Discovery Days Registration closes
- 27th; Office closed for Memorial Day
- 28th; 4-H Council @ 7:00 pm

State Level Events

April

 27th; 4-H photography workshop @ Botanica, Wichita Ks from 9:00am-12:00pm

June

 5th-7th; 4-H Discovery Days @ K-State campus in Manhattan



Sumner County

Connect with us on





Kansas State University Agricultural Experiment Station and Cooperative Extension Service

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Accommodations:

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact K-State Research & Extension - Sumner County two weeks prior to the start of the event at 620-326-7477 or sucoext@gmail.com. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.

Sumner County Office

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